

# Traveler Packing Checklist



## Pre-Check List:

- Research Recommended Activities
- Research the Climate
- Research Housing

## Essentials:

- Emergency Contact Information
- Credit Card / Debit Card
- Nursing License and Credentials
- Birth Certificate
- Social Security Card (Electronic Copy)
- Insurance Cards
- Driver's License / Passport
- Immunization Records

## Clothing:

- Scrubs / Work Clothes (Multiple Pairs)
- Formal Evening Wear
- Sports/Exercising Clothes
- Jackets / Layers (Depending on location)
- Rain Gear
- Swimsuits (If applicable)
- Comfortable Clothes / Pajamas

## Home Essentials:

- Items that make you feel at home
- Hobby Items
- Dishes / Utensils
- Pots and Pans (Depending on housing)

## Toiletries:

- First Aid Kit / Medication
- Laundry Detergent
- Cosmetics
- Glasses or Contacts & Contact Solution
- Soap and Deodorant
- Body Lotions / Body Creams
- Toothbrush and Toothpaste
- Brush
- Travel Size Shampoo and Conditioner
- Razor and Shaving Cream
- Face Wash / Face Lotion
- Fingernail Clippers

## Electronics & Entertainment:

- Phone
- Phone Charger
- Ipad / Tablet / Laptop
- Books or Magazines
- Batteries

## Pet Supplies (If needed):

- Food + Food Bowls
- Bedding and Toys
- Medications, Health Certificates